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(54) Title: POLYPEPTIDE COMPOUNDS HAVING GROWTH HORMONE RELEASING ACTIVITY

(57) Abstract

Disclosed are novel polypeptide compounds which promote the release and elevation of growth hormone levels in the blood of animals. Also disclosed are methods of promoting the release and elevation of growth hormone levels in the blood of animals using the disclosed polypeptide compounds.

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Description

POLYPEPTIDE COMPOUNDS HAVING GROWTH HORMONE RELEASING ACTIVITY

This invention relates to novel polypeptide compounds which promote the release of growth hormone when administered to animals. In another aspect, this invention relates to methods for promoting the release and elevation of growth hormone levels in animals by administration of specified growth hormone releasing polypeptide compounds thereto.

Background of the Invention

It has been established in the scientific literature that the elevation of growth hormone (GH) levels in mammals upon administration of GH-releasing compounds can lead to enhanced body weight and to enhanced milk production if sufficiently elevated GH levels occur upon administration. Further, it is known that the elevation of growth hormone levels in mammals can be accomplished by application of known growth hormone releasing agents, such as the naturally occurring growth hormone releasing hormones.

The elevation of growth hormone levels in mammals can also be accomplished by application of growth hormone releasing peptides, some of which have been previously described, for example, by F. A. Momany in U.S. 4,223,019, U.S. 4,223,020, U.S. 4,223,021, U.S. 4,224,316, U.S. 4,226,857, U.S. 4,228,155, U.S. 4,228,156, U.S. 4,228,157, U.S. 4,228,158, U.S. 4,410,512 and U.S. 4,410,513.

Antibodies to the endogenous growth hormone release inhibitor, somatostatin (SRIF) have also been used to cause elevated GH levels. In this latter example, growth hormone levels are elevated by

removing the endogenous GH-release inhibitor (SRIF) before it reaches the pituitary, where it inhibits the release of GH.

Each of these methods for promoting the elevation of growth hormone levels involve materials which are expensive to synthesize and/or isolate in sufficient purity for administration to a target animal. Short chain, relatively simple polypeptides which have the ability to promote the release of growth hormone would be desirable because they should be readily and inexpensively prepared, easily modified chemically and/or physically, as well as easily purified and formulated; and they should have excellent transport properties.

Objects of the Invention

It is, therefore, an object of the present invention to provide novel growth hormone releasing compounds which are capable of promoting the release and elevation of growth hormone levels in the blood of animals.

It is another object of the present invention to provide methods for promoting the release and/or elevation of growth hormone levels in the blood of animals.

These and other objects of the present invention will become apparent from inspection of the following description and claims.

Statement of the Invention

In accordance with the present invention, we have discovered several novel polypeptide compounds which promote the release of growth hormone in animals. The preparation, characterization and administration of these novel growth hormone releasing compounds will now be described in greater detail.

Detailed Description of the Invention

The present invention is based on the discovery of several short chain (i.e., seven up to eleven amino acid residues) polypeptides which promote the release and elevation of growth hormone levels in the blood of animals. The polypeptides contemplated to be within the scope of the present invention are defined by the following generic structure:

AA1–AA2–AA3–Trp–AA5–AA6–AA7–Z,

wherein AA1 is selected from the group consisting of His, 3(NMe)His (i.e., wherein the imidazole ring is methylated at the 3–position), AAO–His and AAO–3(NMe)His; wherein AAO is selected from the group consisting of any naturally occurring L–amino acid, Met(O), DOPA and Abu;

AA2 is selected from the group consisting of DPhe, DTrp, 5–fluoro–D or D/LTrp; 6–fluoro–D or D/LTrp (i.e., wherein the indole ring is fluorinated at the 5– or 6–position), (formyl)DTrp (i.e., DTrp which is formylated at the indole nitrogen), *XTrp, wherein *XTrp is selected from the group consisting of the N–monomethylated DTrp isomers (i.e., (N^{α}Me)DTrp and (indole NMe)DTrp), D^{α}Nal and D^{β}Nal;

AA3 is selected from the group consisting of Ala, Gly and Ser;

AA5 is selected from the group consisting of DPhe and (NMe)DPhe;

AA6 is selected from the group consisting of all naturally occurring L–amino acids, dipeptides of the

naturally occurring L-amino acids, e.g., Ala-Ala, and compounds of the formula:

$H_2N-(CH_2)_n-CO_2H$, wherein n = 1-12;

AA7 is selected from the group consisting of Arg, iLys, Lys and Orn;

Z represents the C terminal end group of said polypeptide or the C terminal amino acid(s) plus end group, wherein Z is selected from the group consisting of $-CONH_2$, -COOH, -COOR, -CONHR, $-CONR_2$, $-CH_2OH$ and $-CH_2OR$, wherein R is an alkyl group having 1-6 carbon atoms or an aromatic ring having up to 12 carbon atoms; and wherein Z is alternatively selected from the group consisting of -Gly-Z', -Met-Z', -Lys-Z', -Cys-Z', -Gly-Tyr-Z', and -Ala-Tyr-Z', wherein Z' is selected from the group consisting of $-CONH_2$, -CONHR, -COOH, -COOR, $-CONR_2$, $-CH_2OH$, and $-CH_2OR$, wherein R is as defined above;

and organic or inorganic addition salts of any of said polypeptides;

wherein the amino acid residue abbreviations used are in accordance with the standard peptide nomenclature:

Gly	= Glycine
Tyr	= L-Tyrosine
Ile	= L-Isoleucine
Glu	= L-Glutamic Acid
Thr	= L-Threonine
Phe	= L-Phenylalanine
Ala	= L-Alanine

Lys	= L-Lysine
Asp	= L-Aspartic Acid
Cys	= L-Cysteine
Arg	= L-Arginine
Gln	= L-Glutamine
Pro	= L-Proline
Leu	= L-Leucine
Met	= L-Methionine
Ser	= L-Serine
Asn	= L-Asparagine
His	= L-Histidine
Trp	= L-Tryptophan
Val	= L-Valine
DOPA	= 3,4-Dihydroxyphenylalanine
Met(O)	= Methionine Sulfoxide
Abu	= α-Aminobutyric Acid
iLys	= N^{ε}-Isopropyl-L-Lysine
4-Abu	= 4-Aminobutyric Acid
Orn	= L-Ornithine
D^{α}Nal	= α-Naphthyl-D-Alanine
D^{β}Nal	= β-Naphthyl-D-Alanine

All three letter amino acid abbreviations preceded by a "D" indicate the D-configuration of the amino acid residue, and abbreviations preceded by a "D/L" indicate a mixture of the D- and L-configurations of the designated amino acid. For purposes of this disclosure, glycine is considered to be included in the term "naturally occurring L-amino acids".

The flexibility associated with the choice of basic, neutral or acidic amino acid residues for amino acids AA0, AA1, AA2, AA3, AA5, AA6 and AA7 provides one with a great deal of control over the physiochemical properties of the desired peptide. Such flexibility provides important advantages for

the formulation and delivery of the desired peptide to any given species. Additional flexibility can be imparted by the fact that the moieties R, Z and Z' can be varied as well, thereby providing added control over the physiochemical properties of the desired compound.

Preferred growth hormone releasing compound employed in the practice of the present invention are selected from the group consisting of:

AA1–AA2–AA3–Trp–AA5–Ala–AA7–NH_2;
AA1–AA2–AA3–Trp–AA5–Ala–Ala–AA7–NH_2;
and

organic or inorganic addition salts of any of said polypeptides; any of which can optionally be preceded by AA0; where AA0, AA1, AA2, AA3, AA5 and AA7 are as defined above.

These compounds are preferred because of their ease of synthesis, proven efficacy at promoting an increase in serum growth hormone levels, and their consequent appeal for commercial scale production and utilization. In addition, these compounds may be advantageous in having physiochemical properties which are desirable for the efficient delivery of such polypeptide compounds to a variety of animal species. Because of the flexibility made possible by the various substitutions at numerous positions of the invention polypeptide compounds, a wide range of delivery vehicles can be employed, by selecting the polar, neutral or non–polar nature of the N–terminal, C–terminal and center portions of these polypeptide compounds so as to be compatible with the desired method of delivery.

In a most preferred embodiment, growth hormone releasing peptides employed in the practice of the

present invention are selected from the group consisting of:

$His-DTrp-Ala-Trp-DPhe-Ala-Lys-NH_2$;
$His-DTrp-Ala-Trp-DPhe-Ala-Ala-Lys-NH_2$; and

organic or inorganic addition salts of either of said polypeptides; with the compound:

$His-DTrp-Ala-Trp-DPhe-Ala-Lys-NH_2$, and organic or inorganic addition salts thereof being the presently most preferred growth hormone releasing peptide.

These compounds are the presently most preferred because these shorter chain polypeptides are less expensive to synthesize, and these specific compounds have been shown to have a high level of potency at promoting the increase in serum growth hormone levels.

The compounds of this invention may be used to enhance blood GH levels in animals; enhance milk production in cows; enhance body growth in animals such as mammals (e.g., humans, sheep, bovines, and swine), as well as fish, fowl, other vertebrates and crustaceans; and increase wool and/or fur production in mammals. The amount of body growth is dependent upon the sex and age of the animal species, quantity and identity of the growth hormone releasing compound being administered, route of administration, and the like.

The novel polypeptide compounds of this invention can be synthesized according to the usual methods of solution and solid phase peptide chemistry, or by classical methods known in the art. The solid-phase synthesis is commenced from the C-terminal end of the peptide. A suitable starting material can be prepared, for instance, by attaching the required

protected alpha-amino acid to a chloromethylated resin, a hydroxymethyl resin, a benzhydrylamine (BHA) resin, or a para-methyl-benzylhydrylamine (p-Me-BHA) resin. One such chloromethyl resin is sold under the tradename BIOBEADS SX-1 by Bio Rad Laboratories, Richmond, Calif. The preparation of the hydroxymethyl resin is described by Bodansky et al., Chem. Ind. (London) 38, 1597 (1966). The BHA resin has been described by Pietta and Marshall, Chem. Comm., 650 (1970) and is commercially available from Peninsula Laboratories, Inc., Belmont, California.

After the initial attachment, the alpha-amino protecting group can be removed by a choice of acidic reagents, including trifluoroacetic acid (TFA) or hydrochloric acid (HCl) solutions in organic solvents at room temperature. After removal of the alpha-amino protecting group, the remaining protected amino acids can be coupled stepwise in the desired order. Each protected amino acid can be generally reacted in about a 3-fold excess using an appropriate carboxyl group activator such as dicyclohexylcarbodiimide (DCC) or diisopropyl carbodiimide (DIC) in solution, for example, in methylene chloride (CH_2Cl_2) or dimethylformamide (DMF) and mixtures thereof.

After the desired amino acid sequence has been completed, the desired peptide can be cleaved from the resin support by treatment with a reagent such as hydrogen fluoride (HF) which not only cleaves the peptide from the resin, but also cleaves most commonly used side-chain protecting groups. When a chloromethyl resin or hydroxymethyl resin is used, HF treatment results in the formation of the free peptide acid. When the BHA or p-Me-BHA resin is used, HF treatment results directly in free peptide amides.

The solid-phase procedure discussed above is well known in the art and has been described by Stewart and Young, Solid Phase Peptide Synthesis: Second Edn. (Pierce Chemical Co., Rockford, IL, 1984).

Some of the well known solution methods which can be employed to synthesize the peptide moieties of the instant invention are set forth in Bodansky et al., Peptide Synthesis, 2nd Edition, John Wiley & Sons; New York, N.Y. 1976.

In accordance with another embodiment of the present invention, a method is provided for promoting release and/or elevation of growth hormone levels in the blood of an animal. Said method comprises administering to an animal an effective dose of at least one of the above-described polypeptides.

The compounds of this invention can be administered by oral, parenteral (intramuscular (i.m.), intraperitoneal (i.p.), intravenous (i.v.) or subcutaneous (s.c.) injection), nasal, vaginal, rectal or sublingual routes of administration and can be formulated in dose forms appropriate for each route of administration.

Solid dose forms for oral administration include capsules, tablets, pills, powders and granules. In such solid dose forms, the active compound is mixed with at least one inert carrier such as sucrose, lactose, or starch. Such dose forms can also comprise, as is normal practice, additional substances other than inert diluents, e.g., lubricating agents such as magnesium stearate. In the case of capsules, tablets and pills, the dose forms may also comprise buffering agents. Tablets and pills can additionally be prepared with enteric coatings.

Liquid dose forms for oral administration include emulsions, solutions, suspensions, syrups, the

elixirs containing inert diluents commonly used in the art, such as water. Besides, such inert diluents, compositions can also include adjuvants, such as wetting agents, emulsifying and suspending agents, and sweetening, flavoring, and perfuming agents.

Preparations according to this invention for parenteral administration include sterile aqueous or non-aqueous solutions, suspensions, or emulsions. Examples of non-aqueous solvents or vehicles are propylene glycol, polyethylene glycol, vegetable oils, such as olive oil and corn oil, gelatin, and injectable organic esters such as ethyl oleate. Such dose forms may also contain adjuvants such as preserving, wetting, emulsifying, and dispersing agents. They may be sterilized by, for example, filtration through a bacteria-retaining filter, by incorporating sterilizing agents into the compositions, by irradiating the compositions, or by heating the compositions. They can also be manufactured in a medium of sterile water, or some other sterile injectable medium immediately before use.

As suggested in our copending applications Serial No. 861,968 and Serial No. 37,275, incorporated by reference herein, the novel compounds of the present invention are also useful when administered in combination with growth hormone releasing hormone (i.e., naturally occurring growth hormone releasing hormone, analogs and functional equivalents thereof), as well as in combination with other compounds which promote the release of growth hormone, e.g., growth hormone releasing peptides. Such combinations represent an especially preferred means to administer the growth hormone releasing peptides of the present invention because the combination promotes the

release of much more growth hormone than is predicted by the summation of the individual responses for each component of the combination, i.e., the combination provides a synergistic response relative to the individual component. For further detail on the administration of combinations of growth hormone releasing peptides, those of skill in the art are referred to the above-cited applications.

The amount of polypeptide or combination of polypeptides of the present invention administered will vary depending on numerous factors, e.g., the particular animal treated, its age and sex, the desired therapeutic affect, the route of administration and which polypeptide or combination of polypeptides are employed. In all instances, however, a dose effective to promote release and elevation of growth hormone level in the blood of the recipient animal is used. Ordinarily, this dose level falls in the range of between about 0.1 µg up to 10 mg of total polypeptide per kg of body weight. In general, the administration of combinations of growth hormone releasing peptides will allow for lower doses of the individual growth hormone releasing compounds to be employed relative to the dose levels required for individual growth hormone releasing compounds in order to obtain a similar response, due to the synergistic effect of the combination.

Also included within the scope of the present invention are compositions comprising, as an active ingredient, the organic and inorganic addition salts of the above described polypeptides and combinations thereof; optionally, in association with a carrier, diluent, slow release matrix, or coating.

The organic or inorganic addition salts of the growth hormone releasing compounds and combinations

thereof contemplated to be within the scope of the present invention include salts of such organic moieties as acetate, trifluoroacetate, oxalate, valerate, oleate, laurate, benzoate, lactate, tosylate, citrate, maleate, fumarate, succinate, tartrate, naphthalate, and the like; and such inorganic moieties as Group I (i.e., alkali metal salts), Group II (i.e., alkaline earth metal salts) ammonium and protamine salts, zinc, iron, and the like with counterions such as the chloride, bromide, sulfate, phosphate and the like, as well as the organic moieties referred to above.

Pharmaceutically acceptable salts are preferred when administration to human subjects is contemplated. Such salts include the non-toxic alkali metal, alkaline earth metal and ammonium salts commonly used in the pharmaceutical industry including the sodium, potassium, lithium, calcium, magnesium, barium, ammonium and protamine salts which are prepared by methods well known in the art. The term also includes non-toxic acid addition salts which are generally prepared by reacting the compounds of this invention with a suitable organic or inorganic acid. Representative salts include the hydrochloride, hydrobromide, sulfate, bisulfate, acetate, oxalate, valerate, oleate, laurate, borate, benzoate, lactate, phosphate, tosylate, citrate, maleate, fumarate, succinate, tartrate, napsylate, and the like.

The invention will now be described in greater detail by reference to the following non-limiting examples.

EXAMPLE 1 – Synthesis of the Growth Hormone Releasing Peptides

Paramethyl benzhydrylamine hydrochloride (pMe–BHA·HCl) resin is placed in a reaction vessel on a commercially available automated peptide synthesizer. The resin is substituted with free amine up to a loading of about 5 mmoles per gram. The compounds are prepared by coupling individual amino acids starting at the carboxy terminus of the peptide sequence using an appropriate activing agent, such as N,N'–dicyclohexylcarbodiimide (DCC). The alpha amine of individual amino acids are protected, for example, as the t–butyloxycarbonyl derivative (t–Boc) and the reactive side chain functionalities are protected as outlined in Table 1.

Table 1

Side Chain Protecting Groups Suitable for Solid Phase Peptide Synthesis

Arginine:	N^{g}–Tosyl
Aspartic Acid:	O–Benzyl
Cysteine:	S–para–Methylbenzyl
Glutamic Acid:	O–Benzyl
Histidine:	N^{im}–Tosyl
Lysine:	N^{ϵ}–2,4–Dichlorobenzyloxycarbonyl
Methionine:	S–Sulfoxide
Serine:	O–Benzyl
Threonine:	O–Benzyl
Tryptophan:	N^{in}–Formyl
Tyrosine:	O–2,6–Dichlorobenzyl

Prior to incorporation of the initial amino acid, the resin is agitated three times (about one minute each) with dichloromethane (CH_2Cl_2; about 10 mL/gm of resin), neutralized with three agitations (about two minutes each) of N,N–diisopropylethylamine (DIEA) in dichloromethane (10:90; about 10 mL/gm of

resin) and agitated three times (about one minute each) with dichloromethane (about 10 mL/gm of resin). The initial and each of the subsequent amino acids are coupled to the resin using a preformed symmetrical anhydride using about 3.0 times the total amount of the binding capacity of the resin of a suitably protected amino acid and about 1.5 times the total amount of the binding capacity of the resin of DCC in an appropriate amount of dichloromethane. For amino acids with a low dichloromethane solubility, N,N—dimethylformamide (DMF) is added to achieve a homogenous solution. Generally, the symmetrical anhydride is prepared up to 30 minutes prior to introduction into the reaction vessel at room temperature or below. The dicyclohexylurea that forms upon preparation of the symmetrical anhydride is removed via gravity filtration of the solution into the reaction vessel. Progress of the coupling of the amino acid to the resin is commonly monitored via a color test using a reagent such as ninhydrin (which reacts with primary and secondary amines. Upon complete coupling of the protected amino acid to the resin (>99%), the alpha amine protecting group is removed by treatment with acidic reagent(s). A commonly used reagent consists of a solution of trifluoroacetic acid (TFA), and anisole in dichloromethane (45:2:53). The complete procedure for incorporation of each individual amino acid residue onto the resin is outlined in Table 2.

TABLE 2

Procedure for Incorporation of Individual Amino Acids onto a Resin

	Reagent	Agitations	Time/Agitation
1.	Dichloromethane	3	1 min.
2.	TFA, Anisole, Dichloro-methane (45:2:53)	1	2 min.
3.	TFA, Anisole, Dichloro-methane (45:2:53)	1	20 min.
4.	Dichloromethane	3	1 min.
5.	DIEA, Dichloromethane (10:90)	3	2 min.
6.	Dichloromethane	3	1 min.
7.	Preformed symmetrical anhydride	1	15–120 min.*
8.	Dichloromethane	3	1 min.
9.	iso-Propanol	3	1 min.
10.	Dichloromethane	3	1 min.
11.	Monitor progress of the coupling reaction**		
12.	Repeat Steps 1–12 for each individual amino acid		

*Coupling time depends upon the individual amino acid.

**The extent of coupling can be generally monitored by a color test. If the coupling is incomplete, the same amino acid can be recoupled by repeating Steps 7–11. If the coupling is complete the next amino acid can be coupled.

By employing this method of peptide synthesis, novel resin-bound polypeptides such as:

AA1-AA2-AA3-Trp-AA5-AA6-AA7-®

are obtained (wherein AA1, AA2, AA3, AA5, AA6 and AA7 are as defined above, and ® is a polymeric resin and the functional groups of the constituent amino acids are protected with suitable protecting groups as needed). Specific sequences (in appropriately protected form) which have been prepared include:

His-DTrp-Ala-Trp-DPhe-Ala-Lys-® ,
His-DTrp-Ala-Trp-DPhe-Ala-Ala-Lys-® ,
DTrp-Ala-Trp-DPhe-Ala-Ala-Lys-® ,
DTrp-Ala-Trp-DPhe-Ala-Lys-® ,
Ala-Trp-DPhe-Ala-Ala-Lys-® ,
Ala-Trp-DPhe-Ala-Lys-® ,
Trp-DPhe-Ala-Ala-Lys-® ,
Trp-DPhe-Ala-Lys-® ,
DPhe-Ala-Ala-Lys-® , and
DPhe-Ala-Lys-® .

EXAMPLE 2 - In Vivo GH Release in Rats

Immature female Sprague-Dawley rats were obtained from the Charles River Laboratories (Wilmington, MA). After arrival they were housed at 25°C with a 14:10 hr light:dark cycle. Water and Purina rat chow were available ad libitum. Pups were kept with their mothers until 21 days of age.

Twenty-six day old rats, six rats per treatment group, were anesthetized interperitoneally with 50 mg/Kg of pentobarbital 20 minutes prior to i.v. treatment with peptide. Normal saline with 0.1% gelatin was the vehicle for intravenous (i.v.) injections of the peptides. The anesthetized rats,

weighing 55–65 grams, were injected i.v. with the quantity of growth hormone releasing compounds indicated in Table 3. Injection was made as a 0.1 mL solution into the jugular vein.

All animals were sacrificed by guillotine 10 minutes after the final test injection (see Table 3). Trunk blood for the determination of blood GH levels was collected following decapitation. After allowing the blood to clot, it was centrifuged and the serum was separated from the clot. Serum was kept frozen until the day of sampling for radioimmunoassay (RIA) determination of growth hormone levels according to the following procedure, as developed by the National Institute of Arthritis, Diabetes and Digestive and Kidney Diseases (NIADDK).

Reagents are generally added to the RIA analysis tubes at a single sitting, at refrigerator temperature (about 4°C) in the following sequence:

(a) buffer,

(b) "cold" (i.e., non-radioactive) standard or unknown serum sample to be analyzed,

(c) radio-iodinated growth hormone antigen, and

(d) growth hormone antiserum.

Reagent addition is generally carried out so that there is achieved a final RIA tube dilution of about 1:30,000 (antiserum to total liquid volume; vol:vol).

The mixed reagents are then typically incubated at room temperature (about 25°C) for about 24 hours prior to addition of a second antibody (e.g., goat or rabbit anti-monkey gamma globulin serum) which binds to and causes precipitation of the complexed growth hormone antiserum. Precipitated contents of the RIA tubes are then analyzed for the number of counts in a specified period of time in a gamma scintillation counter. A standard curve is prepared by plotting

number of radioactive counts versus growth hormone (GH) level. GH levels of unknowns are then determined by reference to the standard curve.

Serum GH was measured by RIA with reagents provided by the National Hormone and Pituitary Program.

Serum levels in Table 3 are recorded in ng/mL in terms of the rat GH standard of 0.61 International Units/mg (IU/mg). Data is recorded as the mean +/- standard error of the mean (SEM). Statistical analysis was performed with Student's t-test. In Table 3 the results shown are the average of studies with six rats.

Table 3

In Vivo GH Release (ng/mL) Promoted by Growth Hormone Releasing Compounds in Pentobarbital Anesthetized Rats
(Animals Sacrificed 10 Minutes After Final Injection)

Number	Column A Growth Hormone Releasing Compounds	Total Dose (μg)	Control GH ng/mL	GH Released by Compound in Column A ng/mL
8114*	Ala–His–DTrp–Ala–Trp–DPhe–Lys–NH_2	0.1	287±36	497±88
		0.3	287±36	714± 57
		1.0	287±36	1422±321
		3.0	287±36	1616±418
11009*	Lys–His–DTrp–Ala–Trp–DPhe–Lys–NH_2	0.1	287±36	430±89
		0.3	287±36	569±106
		1.0	287±36	1561±252
		3.0	287±36	2303±104
12676	His–DTrp–Ala–Trp–DPhe–Ala–Lys–NH_2	0.3	111±25	796±177
		3.0	111±25	4565±489
12676	His–DTrp–Ala–Trp–DPhe–Ala–Lys–NH_2	0.1	220±29	223±74
		0.1	220±29	420±105
		0.3	220±29	653±93
		0.3	220±29	900±163
		1.0	220±29	1825±508
		1.0	220±29	1965±366
		3.0	220±29	4553±670
		3.0	220±29	2820±540
12676	His–DTrp–Ala–Trp–DPhe–Ala–Lys–NH_2	0.1	224±47	434±60
		0.3	224±47	714±82
		1.0	224±47	1552±210
		3.0	224±47	4005±538
13522	His–DTrp–Ala–Trp–DPhe–Ala–Ala–Lys–NH_2	0.1	224±47	587±85
		0.3	224±47	1137±167
		1.0	224±47	1978±253
		3.0	224±47	4178±816
13522	His–DTrp–Ala–Trp–DPhe–Ala–Ala–Lys–NH_2	0.1	220±29	479±99
		0.3	220±29	854±125
		1.0	220±29	2472±696
		3.0	220±29	3627±622

*Comparison Peptides

Table 3 (Cont'd.)

In Vivo GH Release (ng/mL) Promoted by Growth Hormone Releasing Compounds in Pentobarbital Anesthetized Rats (Animals Sacrificed 10 Minutes After Final Injection)

Number	Column A Growth Hormone Releasing Compounds	Total Dose (ug)	Control GH ng/mL	GH Released by Compound in Column A ng/mL
13154	His–DTrp–Ala–Trp–DPhe–Ser–Lys–NH_2	3.0	111±25	3193±296
13154	His–DTrp–Ala–Trp–DPhe–Ser–Lys–NH_2	0.1	165±29	128±24
		0.3	165±29	340±58
		1.0	165±29	794±68
		3.0	165±29	1460±375
13157	His–DTrp–Ala–Trp–DPhe–Leu–Lys–NH_2	3.0	111±25	1644±296
13157	His–DTrp–Ala–Trp–DPhe–Leu–Lys–NH_2	0.1	165±29	152±20
		0.3	165±29	250±44
		1.0	165±29	442±69
		3.0	165±29	831±293
		0.1	239±36	441±103
		0.3	239±36	647±122
		1.0	239±36	637±183
		3.0	239±36	1661±414
13119	His–DTrp–Ala–Trp–DPhe–Asp–Lys–NH_2	0.3	188±14	254±59
		1.0	188±14	352±67
		3.0	188±14	1226±477

In Table 3, compounds of the invention are shown to promote the release and elevation of growth hormone levels in the blood of rats to which such compounds have been administered.

EXAMPLE 3 — Administration of a Combination of GH-Releasing Compounds

The procedure of Example 2 was repeated, except the rats were not anesthetized nor were they pretreated with pentobarbital, and a combination of peptides were administered to the rats. The compounds administered, the dose level and results are set forth in Table 4.

Table 4
In Vivo Synergistic Effects in Unanesthetized Rats of Invention Compound with Group 1* and/or Group 3* Compounds

Compound Administered, dose (μg)*	GH Released, mg/mL
Control	9±1
Invention Compound, 3μg	58±19
Comparison Compound, 3μg	52±19
Group 1 Compound, 3μg	327±74
Invention + Group 1	1105±123
Comparison + Group 1	1480±206
Group 3 Compound, 10μg	183±55
Invention + Group 3	1118±34
Comparison + Group 3	2018±369
Invention + Group 1 + Group 3	3345±489
Comparison + Group 1 + Group 3	4651±232

*Group 1 and Group 3 compounds are described in detail in S.N. 861,968 and 37,275 which have been incorporated by reference herein. All compounds employed in these studies have the following sequences:

Invention Compound – His–DTrp–Ala–Trp–DPhe–Ala–Lys–NH_2;

Comparison Compound – His–DTrp–Ala–Trp–DPhe–Lys–NH_2;

Group 1 Compound – Tyr–Ala–Asp–Ala–Ile–Phe–Thr–Asn–Ser–Tyr–Arg–Lys–Val–Leu–Gly–Gln–Leu–Ser–Ala–Arg–Lys–Leu–Leu–Gln–Asp–Ile–Nle–Ser–Arg–NH_2;

Group 3 Compound – Tyr–DArg–Phe–Gly–NH_2

The results in Table 4 demonstrate that the invention compound displays a similar synergistic response to that obtained with comparison compound (which has previously been shown to give a synergistic response) when administered in combination with exemplary Group 1 and/or Group 3 compounds.

EXAMPLE 4 – In Vivo Growth Hormone Release Study – Cows

Six multiparous lactating Holstein cows (mean body weight 575 kg) were housed in a dairy barn. The cow diet consisted of a forage to concentrate ratio of 50:50 with 70% of the forage dry matter as corn silage and 30% as alfalfa hay. The concentrate portion of the diet contained corn and soybean meal in adequate quantities to provide a total mixed ration. The ration was balanced following NRC guidelines to meet the nutrient requirements (i.e., dry matter, protein, energy, crude fiber, minerals and vitamins) of dairy cows in early to mid–lactation. Cows were fed twice daily.

Catheters were inserted into the jugular vein for withdrawal of blood samples and i.v. injections of peptides. Approximately 4 mL of saline was flushed

through the catheter after each blood drawing. Six mL blood samples were collected between about 12:20 PM and 4 PM at −40, −20, −10, 0, +5, +10, +15, +20, +30, +40, +60, +80, +100, +140, and +160 minutes, on each day of the study. Normal saline or peptides dissolved in normal saline was injected i.v. through the catheter at 0 time to the unanesthetized cows. The saline/peptide was infused in bolus (5.0 mL volume). The blood was collected in EDTA treated tubes, centrifuged and the plasma separated from the pellet. Plasma was kept frozen until the day of sampling for radioimmunoassay (RIA) of growth hormone. Plasma GH was measured by RIA with reagents provided by the NIADDK. The GH levels are reported in terms of ng/mL of a bovine GH reference preparation, NIH-GH-B18, which is equivalent to 3.2 IU/mg. Data is recorded as the mean± the standard error of the mean (SEM). Statistical analysis was performed with the Student's t-test. Results are presented in Table 5.

Table 5

Relative Potencies of His-DTrp-Ala-Trp-DPhe-Lys-NH_2 (Comparison A), Lys-His-DTrp-Ala-Trp-DPhe-Lys-NH_2 (Comparison B) and His-DTrp-Ala-Trp-DPhe-Ala-Lys-NH_2 (Invention) In Lactating Dairy Cows

	Dose Level			
	3 mcg/kg bw		9 mcg/kg bw	
Compounds	GH AUC* ng-min/mL	Log (GH AUC)	GH AUC ng-min/mL	Log (GH AUC)
Comparison A	1,485±1,008	6.86±0.38	3,734±1,008	7.82±0.38
Comparison B	795±1,008	6.72±0.38	3,129±1,008	7.81±0.38
Invention	1,592±1,008	7.00±0.38	6,159±1,008	8.46±0.38

*GH AUC is GH area under the curve over 180 minutes after bolus IV infusion; all GH values were corrected for differences in molecular weights of each compound.

In Table 5, invention compound is shown to promote The release and elevation of growth hormone levels in the blood of lactating dairy cows to which the compound has been administered. The level of growth hormone release observed is greater than or equal to the levels observed with previously disclosed novel growth hormone releasing peptides.

The invention has been described in detail with particular reference to preferred embodiments thereof, but it will be understood that variations and modifications can be effected within the spirit and scope of the invention.

CLAIMS

We Claim:

1. A polypeptide capable of promoting the release and elevation of growth hormone levels in the blood of a recipient animal, wherein said polypeptide is selected from the group consisting of polypeptides defined by the generic structure:

AA1-AA2-AA3-Trp-AA5-AA6-AA7-Z,

wherein AA1 is selected from the group consisting of His and 3(NMe)His (i.e., wherein the imidazole ring is methylated at the 3-position); AAO-His and AAO-3(NMe)His; wherein AAO is selected from the group consisting of any naturally occurring L-amino acid, Met(O), DOPA and Abu;

AA2 is selected from the group consisting of DPhe, DTrp, 5-fluoro-D or D/LTrp; 6-fluoro-D or D/LTrp (i.e., wherein the indole ring is fluorinated at the 5- or 6-position), (formyl)DTrp (i.e., DTrp which is formylated at the indole nitrogen), *XTrp, wherein *XTrp is selected from the group consisting of the N-monomethylated DTrp isomers (i.e., (N^{α}Me)DTrp and (indole NMe)DTrp), D^{α}Nal and D^{β}Nal;

AA3 is selected from the group consisting of Ala, Gly and Ser;

AA5 is selected from the group consisting of DPhe and (NMe)DPhe;

AA6 is selected from the group consisting of all naturally occurring L-amino acids, dipeptides of the naturally occurring L-amino acids, e.g., Ala-Ala, and compounds of the formula:

$H_2N-(CH_2)_n-CO_2H$, wherein n = 1-12;

AA7 is selected from the group consisting of Arg, iLys, Lys and Orn;

Z represents the C terminal end group of said polypeptide or the C terminal amino acid(s) plus end group, wherein Z is selected from the group consisting of $-CONH_2$, -COOH, -COOR, -CONHR, $-CONR_2$, $-CH_2OH$ and $-CH_2OR$, wherein R is an alkyl group having 1-6 carbon atoms or an aromatic ring having up to 12 carbon atoms; and wherein Z is alternatively selected from the group consisting of -Gly-Z', -Met-Z', -Lys-Z', -Cys-Z', -Gly-Tyr-Z', and -Ala-Tyr-Z', wherein Z' is selected from the group consisting of $-CONH_2$, -COOH, -CONHR, -COOR, $-CONR_2$, $-CH_2OH$, and $-CH_2OR$, wherein R is as defined above;

and organic or inorganic addition salts of any of said polypeptides;

wherein the amino acid residue abbreviations used are in accordance with the standard peptide nomenclature:

Gly	= Glycine
Tyr	= L-Tyrosine
Ile	= L-Isoleucine
Glu	= L-Glutamic Acid
Thr	= L-Threonine
Phe	= L-Phenylalanine
Ala	= L-Alanine
Lys	= L-Lysine
Asp	= L-Aspartic Acid
Cys	= L-Cysteine
Arg	= L-Arginine
Gln	= L-Glutamine
Pro	= L-Proline
Leu	= L-Leucine
Met	= L-Methionine
Ser	= L-Serine
Asn	= L-Asparagine
His	= L-Histidine
Trp	= L-Tryptophan
Val	= L-Valine
DOPA	= 3,4-Dihydroxyphenylalanine
Met(O)	= Methionine Sulfoxide
Abu	= α-Aminobutyric Acid
iLys	= N^{ϵ}-Isopropyl-L-Lysine
4-Abu	= 4-Aminobutyric Acid
Orn	= L-Ornithine
D^{α}Nal	= α-Naphthyl-D-Alanine
D^{β}Nal	= β-Naphthyl-D-Alanine

All three letter amino acid abbreviations preceded by a "D" indicate the D-configuration of the amino acid residue; abbreviations preceded by a "D/L" indicate a mixture of the D- and L-configurations of the designated amino acids; and glycine is included in the scope of the term "naturally occurring L-amino acids".

2. A polypeptide in accordance with Claim 1, wherein said polypeptide is selected from the group consisting of:

AA1–AA2–AA3–Trp–AA5–Ala–AA7–NH_2;
AA1–AA2–AA3–Trp–AA5–Ala–Ala–AA7–NH_2;
and

organic or inorganic addition salts of any of said polypeptides.

3. A polypeptide in accordance with Claim 1 wherein said polypeptide is selected from the group consisting of:

His–DTrp–Ala–Trp–DPhe–Ala–Lys–NH_2;
His–DTrp–Ala–Trp–DPhe–Ala–Ala–Lys–NH_2; and

organic or inorganic addition salts of either of said polypeptides.

4. Method of promoting the release and elevation of blood growth hormone levels in animals by administering thereto an effective amount of at least one of the polypeptides set forth in Claim 1.

5. Method of promoting the release and elevation of blood growth hormone levels in animals by administering thereto an effective amount of at least one of the polypeptides set forth in Claim 2.

6. Method of promoting the release and elevation of blood growth hormone levels in animals by administering thereto an effective amount of at least one of the polypeptides set forth in Claim 3.

7. A compound of the formula:

AA1–AA2–AA3–Trp–AA5–AA6–AA7– ®

wherein AA1 is selected from the group consisting of His and 3(NMe)His (i.e., wherein the imidazole ring is methylated at the 3–position); AAO–His, AAO–3(NMe)His; wherein AAO is any naturally occurring L–amino acid;

AA2 is selected from the group consisting of DPhe, DTrp, 5–fluoro–D or D/LTrp; 6–fluoro–D or D/LTrp (i.e., wherein the indole ring is fluorinated at the 5– or 6–position), (formyl)DTrp (i.e., DTrp which is formylated at the indole nitrogen), *XTrp, wherein *XTrp is selected from the group consisting of the N–monomethylated DTrp isomers (i.e., (N^{α}Me)DTrp and (indole NMe)DTrp), D^{α}Nal and D^{β}Nal;

AA3 is selected from the group consisting of Ala, Gly and Ser;

AA5 is selected from the group consisting of DPhe and (NMe)DPhe;

AA6 is selected from the group consisting of all naturally occurring L-amino acids, dipeptides of the naturally occurring L-amino acids, e.g., Ala-Ala, and compounds of the formula:

$$H_2N(CH_2)_nCO_2H$$

wherein n = 1-12;

AA7 is selected from the group consisting of Arg, iLys, Lys and Orn;

and wherein ® is a polymeric resin and functional groups of the constituent amino acids are protected with suitable protecting groups as needed.

8. A compound of the formula:

His-DTrp-Ala-Trp-DPhe-Ala-Lys- ®

wherein ® is a polymeric resin and functional groups of the constituent amino acids are protected with suitable protecting groups as needed.

9. A compound of the formula:

His-DTrp-Ala-Trp-DPhe-Ala-Ala-Lys- ®

wherein ® is a polymeric resin and functional groups of the constituent amino acids are protected with suitable protecting groups as needed.

10. A resin-bound polypeptide selected from the group consisting of:

DTrp-Ala-Trp-DPhe-Ala-Ala-Lys- ® ,
DTrp-Ala-Trp-DPhe-Ala-Lys- ® ,
Ala-Trp-DPhe-Ala-Ala-Lys- ® ,
Ala-Trp-DPhe-Ala-Lys- ® ,
Trp-DPhe-Ala-Ala-Lys- ® ,
Trp-DPhe-Ala-Lys- ® ,
DPhe-Ala-Ala-Lys- ® , and
DPhe-Ala-Lys- ® .

wherein ® is a polymeric resin and functional groups of the constituent amino acids are protected with suitable protecting groups as needed.

11. A combination effective to cause the release and elevation of the level of growth hormone in the blood of an animal, the combination comprising an effective amount of polypeptides selected from at least two different groups of Group 1 polypeptides, Group 2 polypeptides or Group 3 polypeptides;

wherein Group 1 polypeptides are selected from any of the naturally occurring growth hormone releasing hormones and functional equivalents thereof, wherein said polypeptides act at the growth hormone releasing hormone receptor of mammals and other vertebrates, and crustaceans;

Group 2 polypeptides are selected from any of the polypeptides having the structure:

AA1-AA2-AA3-Trp-AA5-AA6-AA7-Z,

wherein AA1 is selected from the group consisting of His and 3(NMe)His (i.e., wherein the imidazole ring is methylated at the 3-position); AAO-His and AAO-3(NMe)His; wherein AAO is any naturally occurring L-amino acid;

AA2 is selected from the group consisting of DPhe, DTrp, 5-fluoro-D or D/LTrp; 6-fluoro-D or D/LTrp (i.e., wherein the indole ring is fluorinated at the 5- or 6-position), (formyl)DTrp (i.e., DTrp which is formylated at the indole nitrogen), *XTrp, wherein *XTrp is selected from the group consisting of the N-monomethylated DTrp isomers (i.e., (N^{α}Me)DTrp and (indole NMe)DTrp), D^{α}Nal and D^{β}Nal;

AA3 is selected from the group consisting of Ala, Gly and Ser;

AA5 is selected from the group consisting of DPhe and (NMe)DPhe;

AA6 is selected from the group consisting of all naturally occurring L-amino acids, dipeptides of the naturally occurring L-amino acids, e.g., Ala-Ala, and compounds of the formula:

$H_2N-(CH_2)_n-CO_2H$, wherein n = 1-12;

AA7 is selected from the group consisting of Arg, iLys, Lys and Orn;

Z represents the C terminal end group of said polypeptide or the C terminal amino acid(s) plus end group, wherein Z is selected from the group consisting of $-CONH_2$, -COOH, -COOR, -CONHR, $-CONR_2$, $-CH_2OH$ and $-CH_2OR$, wherein R is an alkyl group having 1-6 carbon atoms or an aromatic ring having up to 12 carbon atoms; and wherein Z is alternatively selected from the group consisting of -Gly-Z', -Met-Z', -Lys-Z', -Cys-Z', -Gly-Tyr-Z', and -Ala-Tyr-Z', wherein Z' is selected from the group consisting of $-CONH_2$, -COOH, -CONHR, -COOR, $-CONR_2$, $-CH_2OH$, and $-CH_2OR$, wherein R is as defined above;

and organic or inorganic addition salts of any of said polypeptides;

wherein the amino acid residue abbreviations used are in accordance with the standard peptide nomenclature:

Gly	= Glycine
Tyr	= L-Tyrosine
Ile	= L-Isoleucine
Glu	= L-Glutamic Acid
Thr	= L-Threonine
Phe	= L-Phenylalanine
Ala	= L-Alanine
Lys	= L-Lysine
Asp	= L-Aspartic Acid
Cys	= L-Cysteine
Arg	= L-Arginine
Gln	= L-Glutamine
Pro	= L-Proline
Leu	= L-Leucine

Met	= L-Methionine
Ser	= L-Serine
Asn	= L-Asparagine
His	= L-Histidine
Trp	= L-Tryptophan
Val	= L-Valine
DOPA	= 3,4-Dihydroxyphenylalanine
Gly-ol	= 2-Aminoethanol
Hyp	= trans-4-Hydroxy-L-Proline
Met(O)	= Methionine sulfoxide
Met(O)-ol	= Methionine sulfoxide alcohol
Sar	= Sarcosine
Sar-ol	= Sarcosine alcohol
Thz	= L-Thiazolidine-4-carboxylic Acid
iLys	= N^{ε}-Isopropyl-L-Lysine
4-Abu	= 4-Aminobutyric Acid
Orn	= L-Ornithine
$D^{\alpha}Nal$	= α-Naphthyl-D-Alanine
$D^{\beta}Nal$	= β-Naphthyl-D-Alanine

All three letter amino acid abbreviations preceded by a "D" indicate the D-configuration of the amino acid residue; abbreviations preceded by a "D/L" indicate a mixture of the D- and L-configurations of the designated amino acids; and glycine is included in the scope of the term "naturally occurring L-amino acids"; and

Group 3 polypeptides are selected from any of the polypetides having the structure:

Tyr-DArg-Phe-NH_2;
Tyr-DAla-Phe-NH_2;
Tyr-DArg(NO_2)-Phe-NH_2;

Tyr-DMet(O)-Phe-NH_2;
Tyr-DAla-Phe-Gly-NH_2;
Tyr-DArg-Phe-Gly-NH_2;
Tyr-DThr-Phe-Gly-NH_2;
Phe-DArg-Phe-Gly-NH_2;
Tyr-DArg-Phe-Sar;
Tyr-DAla-Gly-Phe-NH_2;
Tyr-DArg-Gly-Trp-NH_2;
Tyr-DArg-(NO_2)-Phe-Gly-NH_2;
Tyr-DMet(O)-Phe-Gly-NH_2;
(NMe)Tyr-DArg-Phe-Sar-NH_2;
Tyr-DArg-Phe-Gly-ol;
Tyr-DArg-Gly-(NMe)Phe-NH_2;
Tyr-DArg-Phe-Sar-ol;
Tyr-DAla-Phe-Sar-ol;
Tyr-DAla-Phe-Gly-Tyr-NH_2;
Gly-Tyr-DArg-Phe-Gly-NH_2;
Tyr-DThr-Gly-Phe-Thz-NH_2;
Gly-Tyr-DAla-Phe-Gly-NH_2;
Tyr-DAla-Phe-Gly-ol;
Tyr-DAla-Gly-(NMe)Phe-Gly-ol;
Tyr-DArg-Phe-Sar-NH_2;
Tyr-DAla-Phe-Sar-NH_2;
Tyr-DAla-Phe-Sar;
Tyr-DAla-Gly-(NMe)Phe-NH_2;
Sar-Tyr-DArg-Phe-Sar-NH_2;
Tyr-DCys-Phe-Gly-DCys-NH_2
(cyclic disulfide);
Tyr-DCys-Phe-Gly-DCys-NH_2
(free dithiol);
Tyr-DCys-Gly-Phe-DCys-NH_2
(cyclic disulfide);
Tyr-DCys-Gly-Phe-DCys-NH_2
(free dithiol);
Tyr-DAla-Phe-Gly-Tyr-Pro-Ser-NH_2;
Tyr-DAla-Phe-Sar-Tyr-Pro-Ser-NH_2;

Tyr–DAla–Phe–Sar–Phe–Pro–Ser–NH_2;
Tyr–DAla–Phe–Gly–Tyr–Hyp–Ser–NH_2;
Tyr–DAla–Phe–Sar–Tyr–Hyp–Ser–NH_2;
Tyr–DAla–Phe–Sar–Phe–Hyp–Ser–NH_2;
Tyr–DArg–Phe–Gly–Tyr–Hyp–Ser–NH_2;
Tyr–DArg–Phe–Sar–Tyr–Pro–Ser–NH_2;
Tyr–DArg–Phe–Sar–Tyr–Hyp–Ser–NH_2;
Tyr–DArg–Phe–Gly–Tyr–Pro–Ser–NH_2;
and

organic or inorganic addition salts of any of said polypeptides of Group 3;

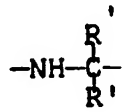
wherein said combination is administered in a ratio such that said combination is effective to cause the synergistic release and elevation of growth hormone in the blood of such animal.

12. Combination of Claim 11 wherein said Group 1 polypeptides are selected from any of the polypeptides:

(a) having the following amino acid sequences in positions 1–44 (numbered from N terminus to C terminus):

(#144) YADAIFTNSYRKVLGQLSARKLLQDIMSRQQGE–SNQERGARARL–X,
(#145) YADAIFTNSYRKVLGQLSARKLLQDIMSRQQGE–RNQEQGARVRL–X,
(#146) YADAIFTNSYRKVLGQLSARKLLQDIMNRQQGE–RNQEQGAKVRL–X,
(#148) YADAIFTNSYRKILGQLSARKLLQDIMNRQQGE–RNQEQGAKVRL–X,
(#149) HADAIFTSSYRRILGQLYARKLLHEIMNRQQGE–RNQEQRSRFN–X; and functional equivalents thereof;

wherein the C-terminal amino acid has the following truncated general formula:



wherein each R' independently represents the substituents of the particular amino acid residue, e.g.; hydrogen, alkyl, aryl, amino or acid substituents; X denotes the C terminal end group and is selected from $-CONH_2$, $-COOH$, $-COOR$, $-CONRR$, $-CH_2OH$, and $-CH_2OR$, where R is an alkyl group having 1-6 carbon atoms or an aromatic ring having up to 12 carbon atoms; and wherein the amino acid residue abbreviations used are in accordance with the standard peptide nomenclature:

G	= Gly (Glycine),
Y	= Tyr (L-Tyrosine),
I	= Ile (L-Isoleucine),
E	= Glu (L-Glutamic Acid),
T	= Thr (L-Threonine),
F	= Phe (L-Phenylalanine),
A	= Ala (L-Alanine),
K	= Lys (L-Lysine),
D	= Asp (L-Aspartic Acid),
C	= Cys (L-Cysteine),
R	= Arg (L-Arginine),
Q	= Gln (L-Glutamine),
P	= Pro (L-Proline),
L	= Leu (L-Leucine),
M	= Met (L-Methionine),
S	= Ser (L-Serine),
N	= Asn (L-Asparagine),

H = His (L–Histidine),
W = Trp (L–Tryptophan), and
V = Val (L–Valine);
Nle = Norleucine
Sar = Sarcosine
Sar–ol = Sarcosine Alcohol
Gly–ol = 2–Aminoethanol
Met(O) = Methionine Sulfoxide

(b) any one of said (a) polypeptides having the following amino acid substitutions:

Position 1 of (#144–#148) is DTyr or His;

Position 1 of (#149) is Tyr or DHis;

Position 2 of (#144–#149) is (NMe)DAla or Aib or DAla;

Position 3 of (#144–#149) is DAsp;

Position 4 of (#144–#149) is DAla; and

Position 1 + 2 of (#144–#149) is:

$DTyr^1 + DAla^2$, $DTyr^1 + (NMe)DAla^2$, or $DTyr^1 + Aib^2$;

(c) any one of said (a) or (b) polypeptides having a substitution of Nle for Met at Position 27;

(d) any one of said (a), (b) or (c) polypeptides in which the N–terminus $-NH_2$ is replaced by –NHCOR and wherein R is an alkyl group having 1 to 6 carbon atoms, or an aromatic ring having up to 12 carbon atoms;

(e) fragments of any one of said (a), (b), (c) or (d) polypeptides which contain at least the amino acid residues of Positions 1–29;

(f) having the following specific amino acid sequences in Positions 1–29 (numbered from N terminus to C terminus):

YADAIFTNSYRKVLQQLAARKLLQDIMSR–X,
YADAIFTNSYRKVLQQLLARKLLQDIMSR–X,
YSDAIFSNAYRKILQQLLARKLLQDIMOR–X,
YADAIFSNAYRKILQQLLARKLLQDIMQR–X,
YADAIFSSAYRRLLAQLASRRLLQELLAR–X,
YADAIFTNCYRKVLCQLSARKLLQDIMSR–X
(linear dithiol), and
YADAIFTNCYRKVLCQLSARKLLQDIMSR–X
(cyclic disulfide);

wherein the C–terminal amino acid and X are as defined above; and modification of any one of these group (f) compounds in accordance with the modifications set forth in (b), (c) and (d) above; and

(g) organic or inorganic addition salts of any of said (a), (b), (c), (d), (e) or (f) polypeptides of Group 1.

13. Combination of Claim 11 comprising a compound from each of Group 1 polypeptides and Group 2 polypeptides.

14. Combination of Claim 11 comprising a compound from each of Group 2 polypeptides and Group 3 polypeptides.

15. Combination of Claim 11 comprising a compound from each of Group 1 polypeptides, Group 2 polypeptides and Group 3 polypeptides.

16. Method of causing release and elevation of the level of growth hormone in the blood of an animal, comprising administering an effective dose of a combination comprising polypeptides selected from at least two different groups of Group 1 polypeptides, Group 2 polypeptides or Group 3 polypeptides;

wherein Group 1 polypeptides are selected from any of the naturally occurring growth hormone releasing hormones and functional equivalents thereof, wherein said polypeptides act at the growth hormone releasing hormone receptor of mammals and other vertebrates, and crustaceans;

Group 2 polypeptides are selected from any of the polypeptides having the structure:

AA1—AA2—AA3—Trp—AA5—AA6—AA7—Z,

wherein AA1 is selected from the group consisting of His and 3(NMe)His (i.e., wherein the imidazole ring is methylated at the 3—position); AAO—His and AAO—3(NMe)His; wherein AAO is any naturally occurring L—amino acid;

AA2 is selected from the group consisting of DPhe, DTrp, 5—fluoro—D or D/LTrp; 6—fluoro—D or D/LTrp (i.e., wherein the indole ring is fluorinated at the 5— or 6—position), (formyl)DTrp (i.e., DTrp which is formylated at the indole nitrogen), *XTrp, wherein *XTrp is

selected from the group consisting of the N-monomethylated DTrp isomers (i.e., (N^{α}Me)DTrp and (indole NMe)DTrp), D^{α}Nal and D^{β}Nal;

AA3 is selected from the group consisting of Ala, Gly and Ser;

AA5 is selected from the group consisting of DPhe and (NMe)DPhe;

AA6 is selected from the group consisting of all naturally occurring L-amino acids, dipeptides of the naturally occurring L-amino acids, e.g., Ala-Ala, and compounds of the formula:

$H_2N-(CH_2)_n-CO_2H$, wherein n = 1-12;

AA7 is selected from the group consisting of Arg, iLys, Lys and Orn;

Z represents the C terminal end group of said polypeptide or the C terminal amino acid(s) plus end group, wherein Z is selected from the group consisting of $-CONH_2$, -COOH, -COOR, -CONHR, $-CONR_2$, $-CH_2OH$ and $-CH_2OR$, wherein R is an alkyl group having 1-6 carbon atoms or an aromatic ring having up to 12 carbon atoms; and wherein Z is alternatively selected from the group consisting of -Gly-Z', -Met-Z', -Lys-Z', -Cys-Z', -Gly-Tyr-Z', and -Ala-Tyr-Z', wherein Z' is selected from the group consisting of $-CONH_2$, -COOH, -CONHR, -COOR, $-CONR_2$, $-CH_2OH$, and $-CH_2OR$, wherein R is as defined above;

and organic or inorganic addition salts of any of said polypeptides;

wherein the amino acid residue abbreviations used are in accordance with the standard peptide nomenclature:

Gly	= Glycine
Tyr	= L-Tyrosine
Ile	= L-Isoleucine
Glu	= L-Glutamic Acid
Thr	= L-Threonine
Phe	= L-Phenylalanine
Ala	= L-Alanine
Lys	= L-Lysine
Asp	= L-Aspartic Acid
Cys	= L-Cysteine
Arg	= L-Arginine
Gln	= L-Glutamine
Pro	= L-Proline
Leu	= L-Leucine
Met	= L-Methionine
Ser	= L-Serine
Asn	= L-Asparagine
His	= L-Histidine
Trp	= L-Tryptophan
Val	= L-Valine
iLys	= N^{ε}-Isopropyl-L-lysine
4-Abu	= 4-Aminobutyric acid
Nle	= Norleucine
Sar	= Sarcosine
Sar-ol	= Sarcosine Alcohol
Gly-ol	= 2-Aminoethanol
Met(O)	= Methionine Sulfoxide
Orn	= L-Ornithine
$D^{\alpha}Nal$	= α-naphthyl-D-alanine
$D^{\beta}Nal$	= β-naphthyl-D-alanine

All three letter amino acid abbreviations preceded by a "D" indicate the D-configuration of the amino acid residue;

Group 3 polypeptides are selected from any of the polypetides having the structure:

Tyr-DArg-Phe-NH_2;
Tyr-DAla-Phe-NH_2;
Tyr-DArg(NO_2)-Phe-NH_2;
Tyr-DMet(O)-Phe-NH_2;
Tyr-DAla-Phe-Gly-NH_2;
Tyr-DArg-Phe-Gly-NH_2;
Tyr-DThr-Phe-Gly-NH_2;
Phe-DArg-Phe-Gly-NH_2;
Tyr-DArg-Phe-Sar;
Tyr-DAla-Gly-Phe-NH_2;
Tyr-DArg-Gly-Trp-NH_2;
Tyr-DArg(NO_2)-Phe-Gly-NH_2;
Tyr-DMet(O)-Phe-Gly-NH_2;
(NMe)Tyr-DArg-Phe-Sar-NH_2;
Tyr-DArg-Phe-Gly-ol;
Tyr-DArg-Gly-(NMe)Phe-NH_2;
Tyr-DArg-Phe-Sar-ol;
Tyr-DAla-Phe-Sar-ol;
Tyr-DAla-Phe-Gly-Tyr-NH_2;
Gly-Tyr-DArg-Phe-Gly-NH_2;
Tyr-DThr-Gly-Phe-Thz-NH_2;
Gly-Tyr-DAla-Phe-Gly-NH_2;
Tyr-DAla-Phe-Gly-ol;
Tyr-DAla-Gly-(NMe)Phe-Gly-ol;
Tyr-DArg-Phe-Sar-NH_2;
Tyr-DAla-Phe-Sar-NH_2;
Tyr-DAla-Phe-Sar;
Tyr-DAla-Gly-(NMe)Phe-NH_2;
Sar-Tyr-DArg-Phe-Sar-NH_2;

Tyr–DCys–Phe–Gly–DCys–NH_2 (cyclic disulfide);

Tyr–DCys–Phe–Gly–DCys–NH_2 (free dithiol);

Tyr–DCys–Gly–Phe–DCys–NH_2 (cyclic disulfide);

Tyr–DCys–Gly–Phe–DCys–NH_2 (free dithiol);

Tyr–DAla–Phe–Gly–Tyr–Pro–Ser–NH_2;

Tyr–DAla–Phe–Sar–Tyr–Pro–Ser–NH_2;

Tyr–DAla–Phe–Sar–Phe–Pro–Ser–NH_2;

Tyr–DAla–Phe–Gly–Tyr–Hyp–Ser–NH_2;

Tyr–DAla–Phe–Sar–Tyr–Hyp–Ser–NH_2;

Tyr–DAla–Phe–Sar–Phe–Hyp–Ser–NH_2;

Tyr–DArg–Phe–Gly–Tyr–Hyp–Ser–NH_2;

Tyr–DArg–Phe–Sar–Tyr–Pro–Ser–NH_2;

Tyr–DArg–Phe–Sar–Tyr–Hyp–Ser–NH_2;

Tyr–DArg–Phe–Gly–Tyr–Pro–Ser–NH_2;

and

organic or inorganic addition salts of any of said polypeptides of Group 3.

17. Method of Claim 16 wherein said Group 1 polypeptides are selected from any of the polypeptides:

(a) having the following amino acid sequences in Positions 1–44 (numbered from N terminus to C terminus):

(#144) YADAIFTNSYRKVLGQLSARKLLQDIMSRQQGE–SNQERGARARL–X,

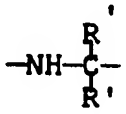
(#145) YADAIFTNSYRKVLGQLSARKLLQDIMSRQQGE–RNQEQGARVRL–X,

(#146) YADAIFTNSYRKVLGQLSARKLLQDIMNRQQGE-RNQEQGAKVRL-X,

(#148) YADAIFTNSYRKILGQLSARKLLQDIMNRQQGE-RNQEQGAKVRL-X,

(#149) HADAIFTSSYRRILGQLYARKLLHEIMNRQQGE-RNQEQRSRFN-X; and functional equivalents thereof;

wherein the C-terminal amino acid has the following truncated general formula:



wherein each R' independently represents the substituents of the particular amino acid residue, e.g.; hydrogen, alkyl, aryl, amino or acid substituents; X denotes the C terminal end group and is selected from $-CONH_2$, -COOH, -COOR, -CONRR, $-CH_2OH$, and $-CH_2OR$, where R is an alkyl group having 1-6 carbon atoms or an aromatic ring having up to 12 carbon atoms or an aromatic ring having up to 12 carbon atoms; and wherein the amino acid residue abbreviations used are in accordance with the standard peptide nomenclature:

G	= Gly (Glycine),
Y	= Tyr (L-Tyrosine),
I	= Ile (L-Isoleucine),
E	= Glu (L-Glutamic Acid),
T	= Thr (L-Threonine),
F	= Phe (L-Phenylalanine),
A	= Ala (L-Alanine),
K	= Lys (L-Lysine),

D	= Asp (L-Aspartic Acid),
C	= Cys (L-Cysteine),
R	= Arg (L-Arginine),
Q	= Gln (L-Glutamine),
P	= Pro (L-Proline),
L	= Leu (L-Leucine),
M	= Met (L-Methionine),
S	= Ser (L-Serine),
N	= Asn (L-Asparagine),
H	= His (L-Histidine),
W	= Trp (L-Tryptophan), and
V	= Val (L-Valine);
Aib	= α-Aminoisobutyric Acid
Nle	= Norleucine
(NMe)DAla	= N-Methyl-D-Alanine

(b) any one of said (a) polypeptides having the following amino acid substitutions:

Position 1 of (#144-#148) is DTyr or His;

Position 1 of (#149) is Tyr or DHis;

Position 2 of (#144-#149) is (NMe)DAla or Aib or DAla;

Position 3 of (#144-#149) is DAsp;

Position 4 of (#144-#149) is DAla; and

Position 1 + 2 of (#144-#149) is:

$DTyr^1 + DAla^2$, $DTyr^1 + (NMe)DAla^2$, or $DTyr^1 + Aib^2$;

(c) any one of said (a) or (b) polypeptides having a substitution of Nle for Met at Position 27;

(d) any one of said (a), (b) or (c) polypeptides in which the N-terminus $-NH_2$ is replaced by -NHCOR and wherein R is an alkyl group having 1 to 6 carbon atoms, or an aromatic ring having up to 12 carbon atoms;

(e) fragments of any one of said (a), (b), (c) or (d) polypeptides which contain at least the amino acid residues of Positions 1-29;

(f) having the following specific amino acid sequences in Positions 1-29 (numbered from N terminus to C terminus):

YADAIFTNSYRKVLQQLAARKLLQDIMSR-X,
YADAIFTNSYRKVLQQLLARKLLQDIMSR-X,
YSDAIFSNAYRKILQQLLARKLLQDIMOR-X,
YADAIFSNAYRKILQQLLARKLLQDIMQR-X,
YADAIFSSAYRRLLAQLASRRLLQELLAR-X,
YADAIFTNCYRKVLCQLSARKLLQDIMSR-X
(linear dithiol), and
YADAIFTNCYRKVLCQLSARKLLQDIMSR-X
(cyclic disulfide);

wherein the C-terminal amino acid and X are as defined above; and modification of any one of these group (f) compounds in accordance with the modifications set forth in (b), (c) and (d) above; and

(g) organic or inorganic addition salts of any of said (a), (b), (c), (d), (e) or (f) polypeptides of Group 1.

18. Method of Claim 16 wherein said combination comprises a compound from each of Claim 1 polypeptides and Group 2 polypeptides.

19. Method of Claim 16 wherein said combination comprises a compound from each of Group 2 polypeptides and Group 3 polypeptides.

20. Method of Claim 16 wherein said combination comprises a compound from each of Group 1 polypeptides, Group 2 polypeptides and Group 3 polypeptides.

INTERNATIONAL SEARCH REPORT

International Application No PCT/US 89/00202

I. CLASSIFICATION OF SUBJECT MATTER (if several classification symbols apply, indicate all) [6]

According to International Patent Classification (IPC) or to both National Classification and IPC

IPC4: C 07 K 7/06, 7/02; A 61 K 37/43

II. FIELDS SEARCHED

Minimum Documentation Searched [7]

Classification System	Classification Symbols
IPC4	C 07 K; A 61 K

Documentation Searched other than Minimum Documentation to the Extent that such Documents are included in the Fields Searched [8]

III. DOCUMENTS CONSIDERED TO BE RELEVANT [9]

Category [10]	Citation of Document, [11] with indication, where appropriate, of the relevant passages [12]	Relevant to Claim No. [13]
A	WO, A1, 87/06835 (EASTMAN KODAK COMPANY) 19 November 1987, see the whole document --	1-3,7-15
A	WO, A1, 83/02272 (BECKMAN INSTRUMENTS, INC.) 7 July 1983, see the whole document --	1-3,7-10
A	EP, A1, 0 018 072 (BECKMAN INSTRUMENTS, INC.) 29 October 1980, see the whole document --	1-3,7-10
A	Endocrinology, Vol. 114, No. 5, 1984 F.A. Momany et al.: "Conformational Energy Studies and in Vitro and in Vivo Activity Data on Growth Hormone-Releasing Peptides. ", page 1531 - page 1536 see the whole article --------	1-3

* Special categories of cited documents: [10]

"A" document defining the general state of the art which is not considered to be of particular relevance

"E" earlier document but published on or after the international filing date

"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)

"O" document referring to an oral disclosure, use, exhibition or other means

"P" document published prior to the international filing date but later than the priority date claimed

"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention

"X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step

"Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art.

"&" document member of the same patent family

IV. CERTIFICATION

Date of the Actual Completion of the International Search	Date of Mailing of this International Search Report
26th April 1989	16. 05. 89
International Searching Authority	**Signature of Authorized Officer**
EUROPEAN PATENT OFFICE	P.C.G. VAN DER PUTTEN

FURTHER INFORMATION CONTINUED FROM THE SECOND SHEET

V. [X] OBSERVATIONS WHERE CERTAIN CLAIMS WERE FOUND UNSEARCHABLE [1]

This international search report has not been established in respect of certain claims under Article 17(2) (a) for the following reasons:

1. [X] Claim numbers 4-6 and 16-20, because they relate to subject matter not required to be searched by this Authority, namely:

Method for treatment of the human or animal body by therapy.
Rule 39(iv).

2. [ ] Claim numbers....., because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically:

3. [ ] Claim numbers....., because they are dependent claims and are not drafted in accordance with the second and third sentences of PCT Rule 6.4(a).

VI. [ ] OBSERVATIONS WHERE UNITY OF INVENTION IS LACKING [2]

This International Searching Authority found multiple inventions in this international application as follows:

1. [ ] As all required additional search fees were timely paid by the applicant, this international search report covers all searchable claims of the international application.

2. [ ] As only some of the required additional search fees were timely paid by the applicant, this international search report covers only those claims of the international application for which fees were paid, specifically claims:

3. [ ] No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims; it is covered by claim numbers:

4. [ ] As all searchable claims could be searched without effort justifying an additional fee, the International Searching Authority did not invite payment of any additional fee.

Remark on Protest

[ ] The additional search fees were accompanied by applicant's protest.

[ ] No protest accompanied the payment of additional search fees.

ANNEX TO THE INTERNATIONAL SEARCH REPORT ON INTERNATIONAL PATENT APPLICATION NO. PCT/US 89/00202

SA 26651

This annex lists the patent family members relating to the patent documents cited in the above-mentioned international search report. The members are as contained in the European Patent Office EDP file on 03/03/89
The European Patent Office is in no way liable for these particulars which are merely given for the purpose of information.

Patent document cited in search report	Publication date	Patent family member(s)	Publication date
WO-A1- 87/06835	19/11/87	AU-D- 74332/87	01/12/87
WO-A1- 83/02272	07/07/83	EP-A-B- 0083864	20/07/83
		US-A- 4410512	18/10/83
		AU-A- 549053	09/01/86
		CA-A- 1242435	27/09/88
		US-A- 4410513	18/10/83
		US-A- 4411890	25/10/83
EP-A1- 0 018 072	29/10/80	US-A- 4226857	07/10/80
		AU-D- 56801/80	02/10/80
		JP-A- 55133344	17/10/80
		CA-A- 1175810	09/10/84
		JP-A- 59216860	06/12/84
		US-A- 4228157	14/10/80
		US-A- 4228155	14/10/80
		US-A- 4228156	14/10/80
		US-A- 4223019	16/09/80
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		US-A- 4224316	23/09/80
		JP-A- 61289098	19/12/86
		US-A- 4223020	16/09/80
		US-A- 4228158	14/10/80